

# The New Emergency System for Mental Illness in Tokyo

Japanese Association of Mental Health  
Services (NPO)

Mental Health & Welfare Section, TOKYO  
Metropolitan Government

# The system consists of two subsystems

## Subsystem I

The system for the person who is under the protection of the police because of the obvious possibility that he/she would hurt himself/herself or others because of his/her mental disorder

## Subsystem II

The system for the person who needs medical care and protection, and is thought not to have a clear possibility of the condition as described to the above

# Subsystem I consists of

1. Four metropolitan general hospitals with 16 beds
2. The information center called Himawari with 2 clerks

# Subsystem II consists of

1. Two private hospitals with 3 beds open 5pm to 9am
2. One private mental clinic open 5pm to 10pm
3. One general hospital for the psychosomatically complicated open 5pm to 9am
4. Metropolitan Emergency Information Center for the Mental Illness (MEICMI) with two or three para-medical staff

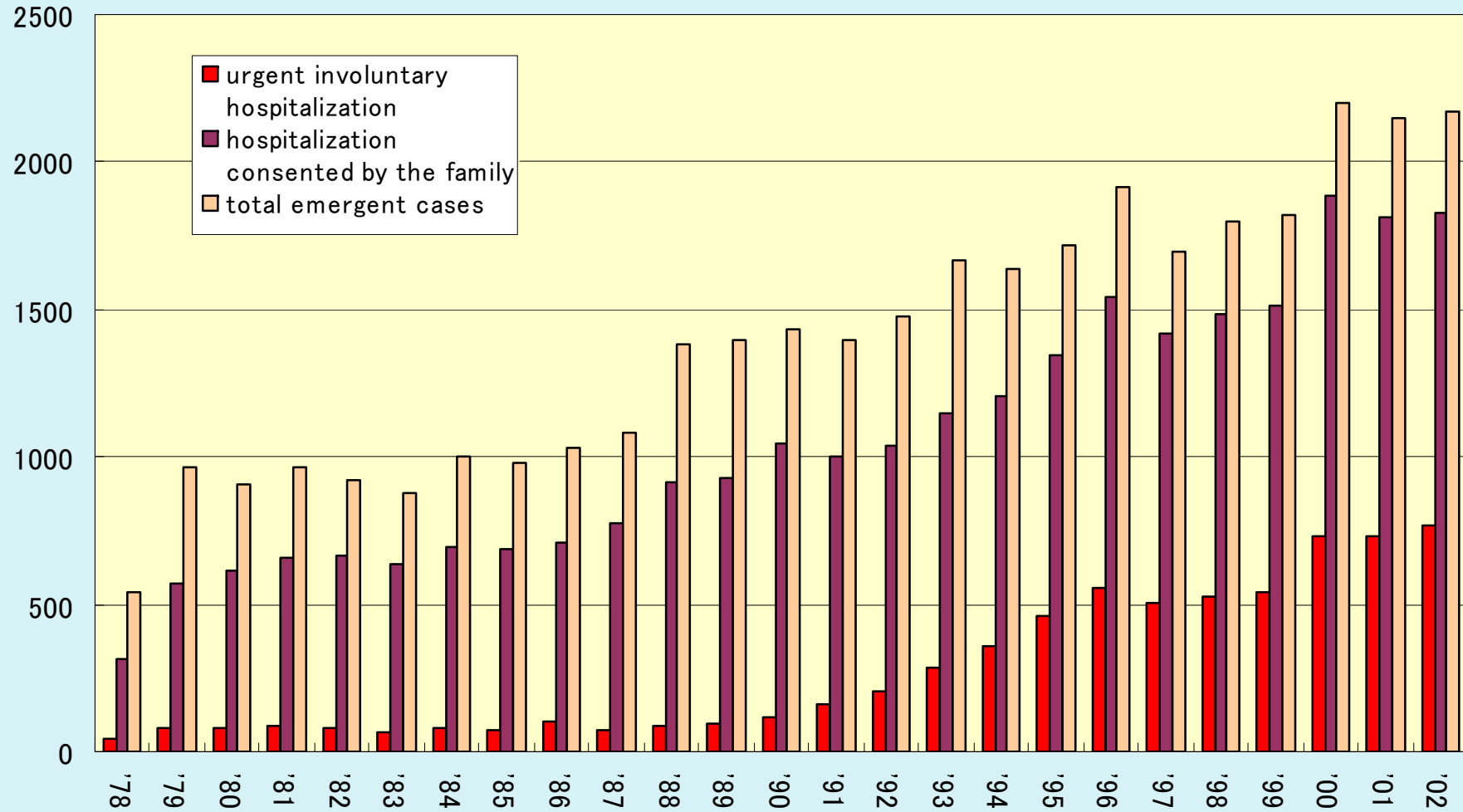
# Institutions participating Subsystem II

1. The private mental clinics participating in subsystem II are the members of the Tokyo Association of the Mental Clinics
2. The private mental hospitals participating in subsystem II are the members of the Tokyo Association of the mental hospitals
3. The general hospitals participating in subsystem II are miscellaneous. for example, several Metropolitan hospitals, several hospitals attached to the medical universities, etc.

# Subsystem I

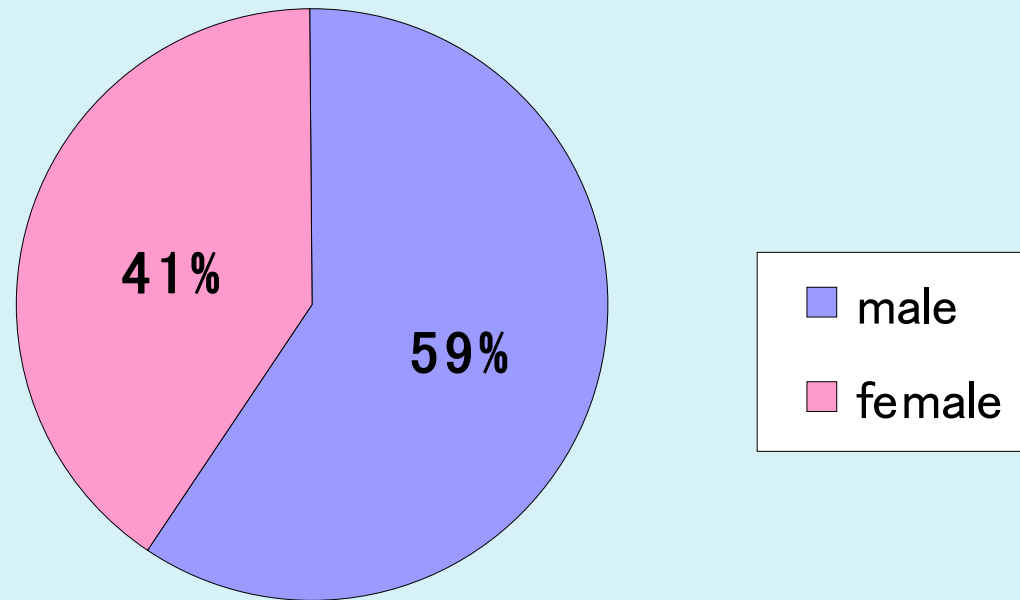
## Subsystem I

Number of the emergency cases of mental illness dealt with by the 4 metropolitan general hospitals at night and on holidays



# Male/Female ratio of the patients accepted by Subsystem I

**N=2347**



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# Subsystem II

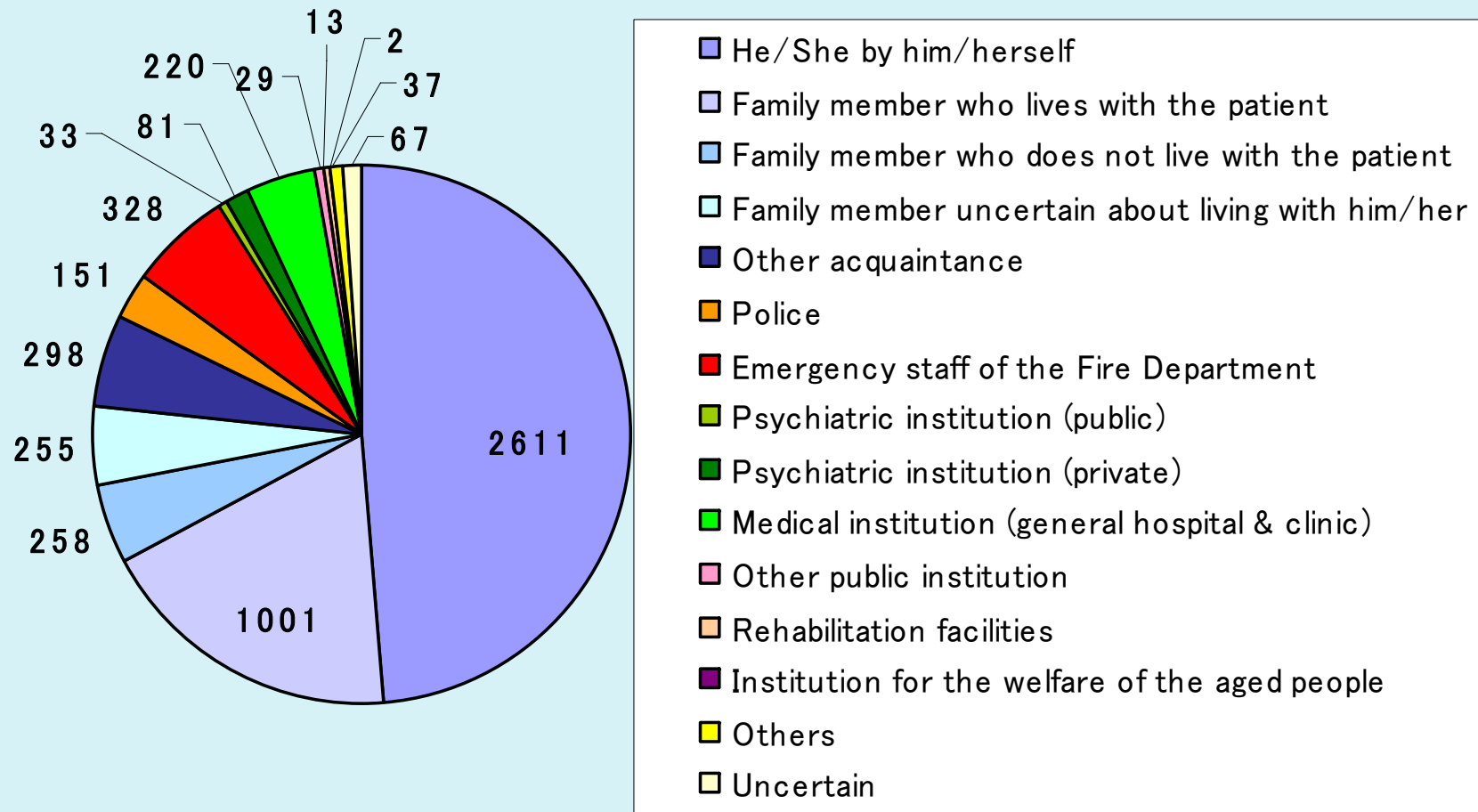
# Number of the cases telephoned to

## MEICMI ('02-Sep to '03- Mar)

	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Total
Number of the cases	831	945	889	941	904	727	959	6196
cases triaged as out-patients	11	10	9	16	23	13	10	92
cases triaged as in-patients	19	19	16	19	22	24	27	146
cases triaged as the psycho-somatically complicated	2	2	3	2	0	3	3	15

# Who made the emergency call to Metropolitan Emergency Information Center for Mental Illness(MEICMI)?

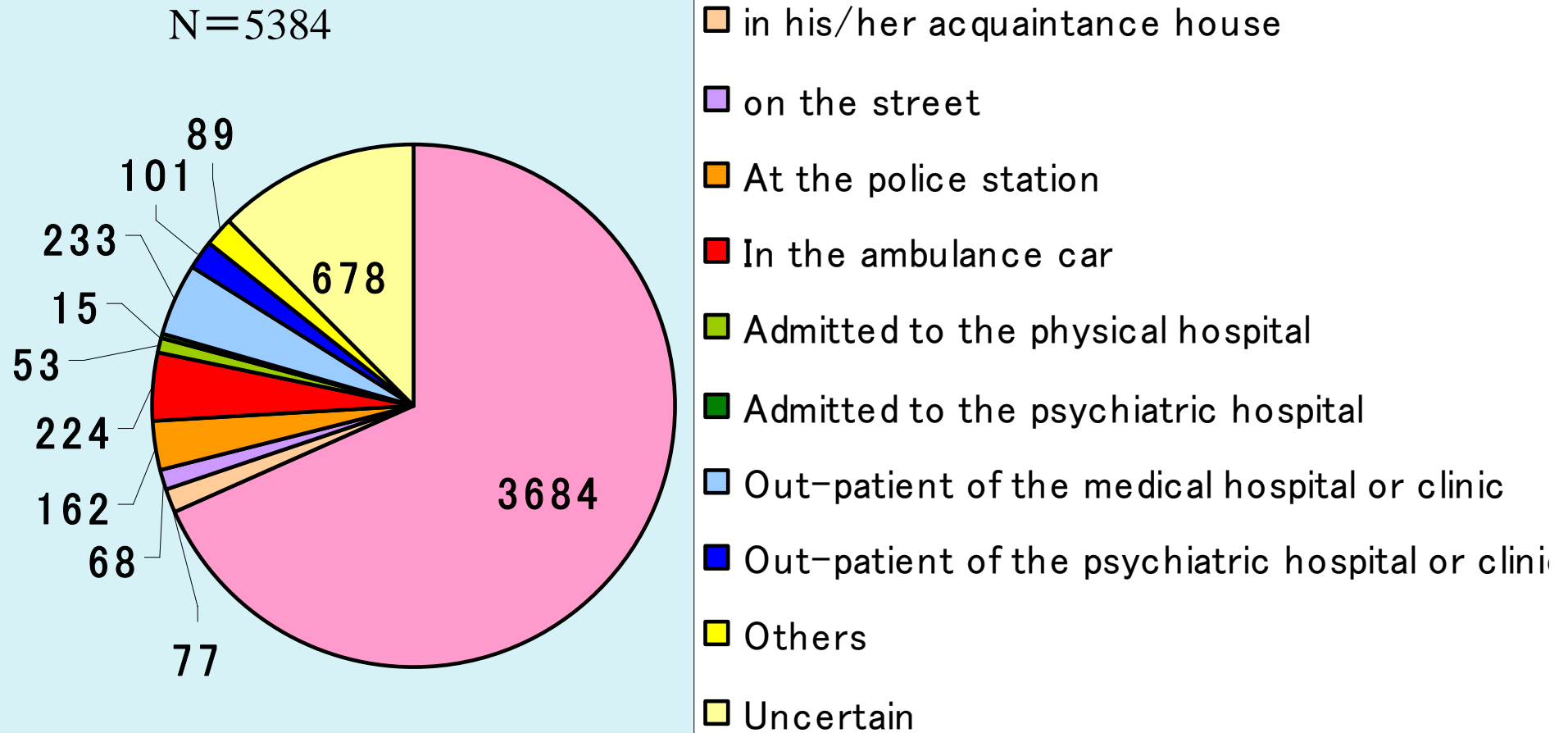
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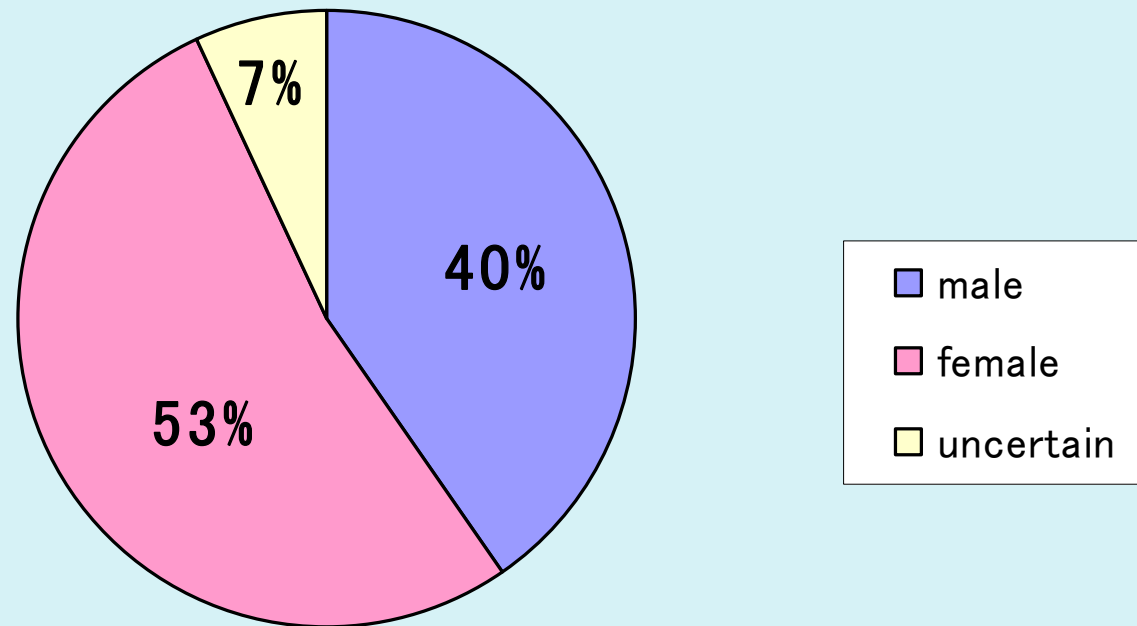
# Where is the patient?



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# Male/Female ratio of the patients accepted by MEICMI

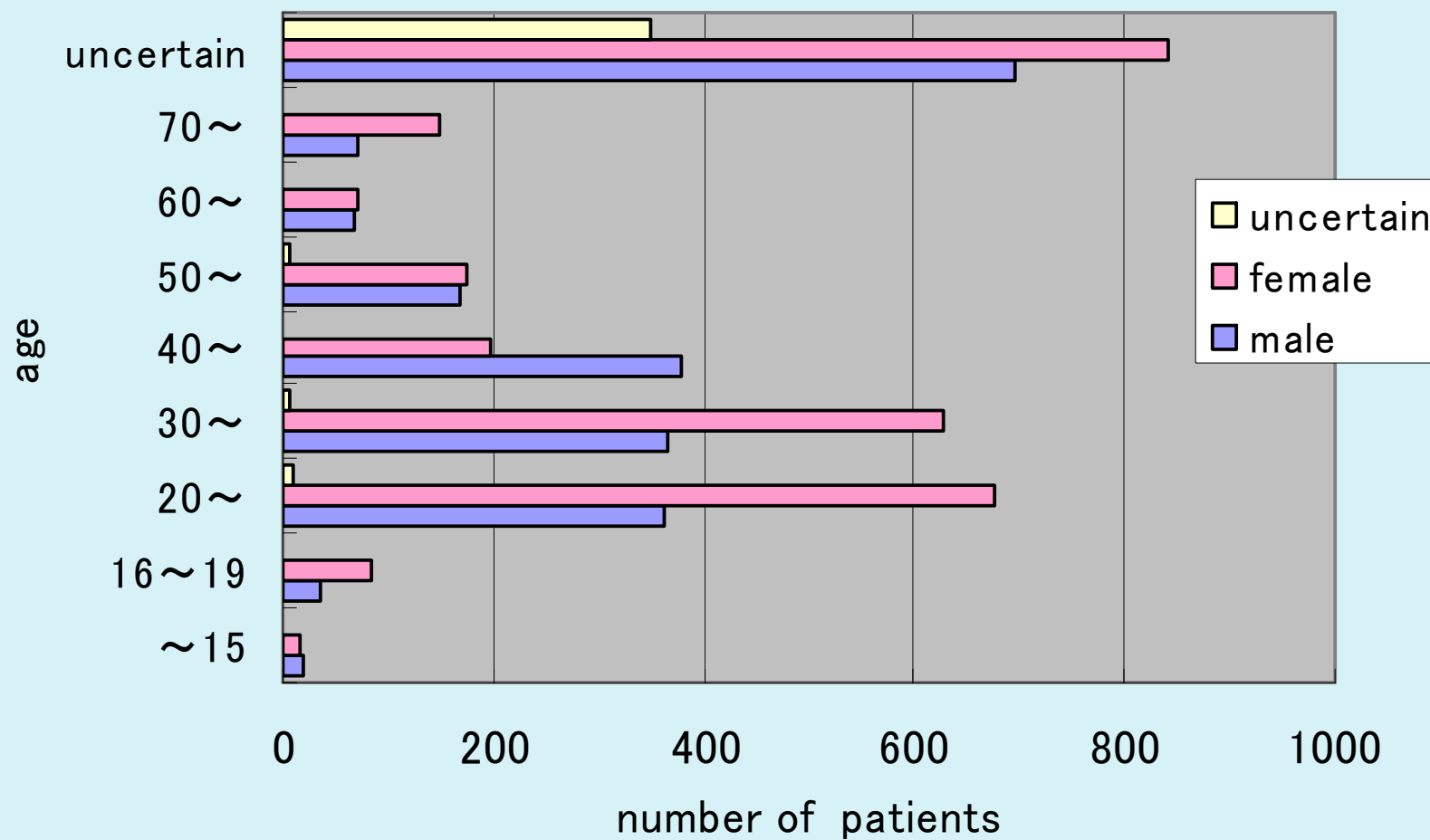
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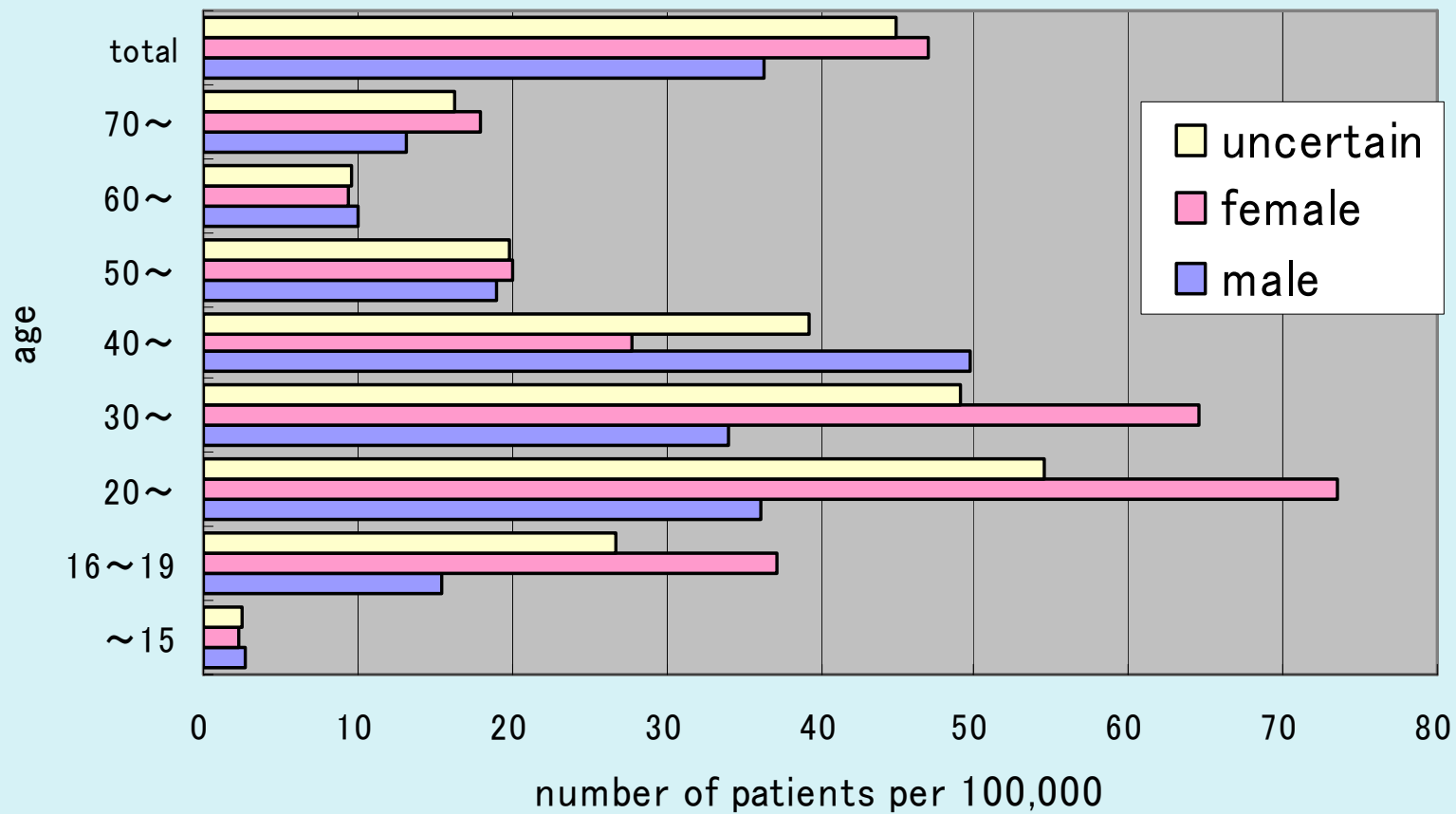
# Distribution of the Age of the patients phoned to MEICMI



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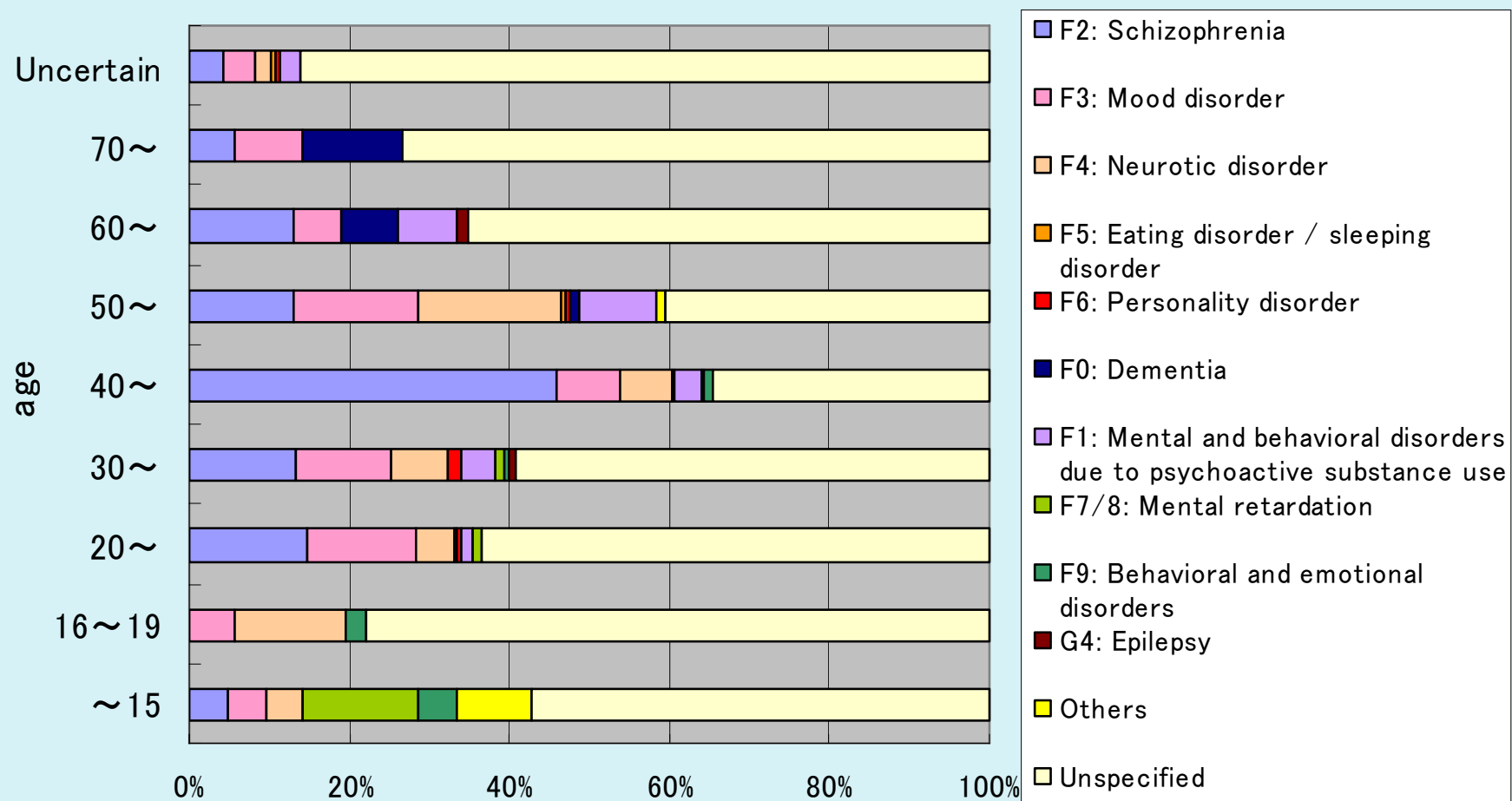
# Incidence of patients as to age and sex



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## Distribution of the type of disorder according to the information from patient or his/her family (Male)

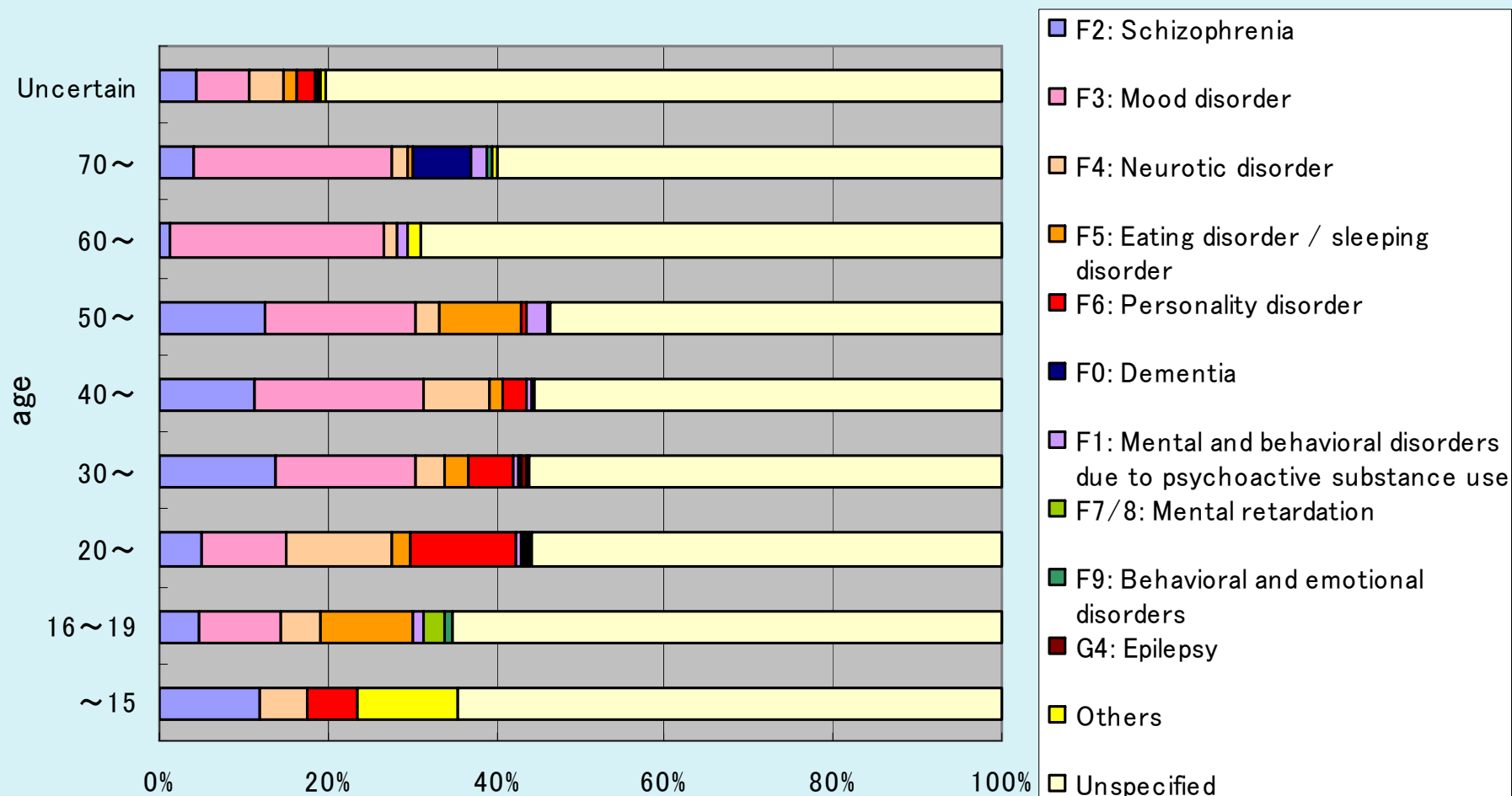


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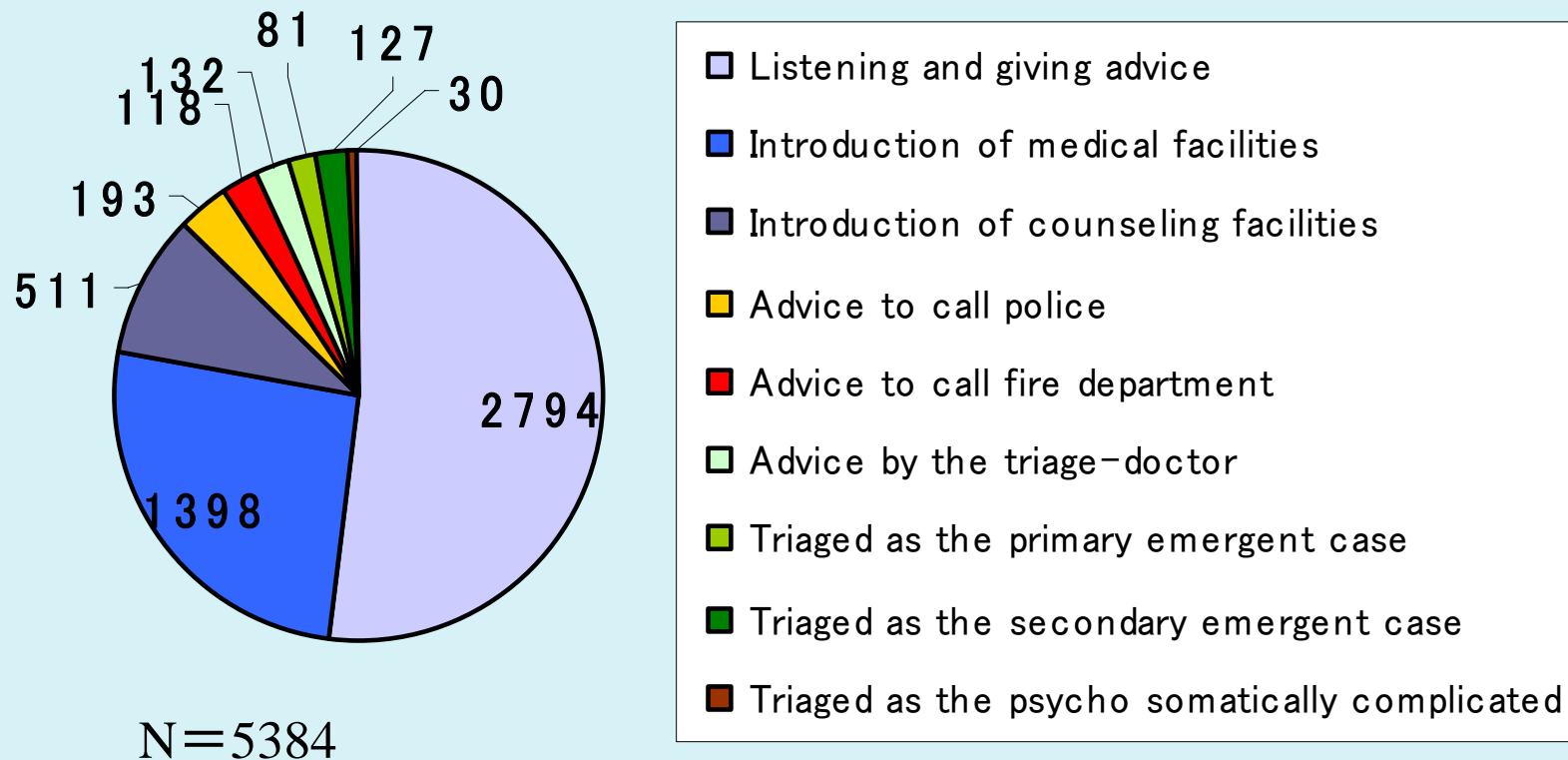
## Distribution of the type of disorder according to the information from patient or his/her family (Female)



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## What MEICMI did for the emergency phone calls

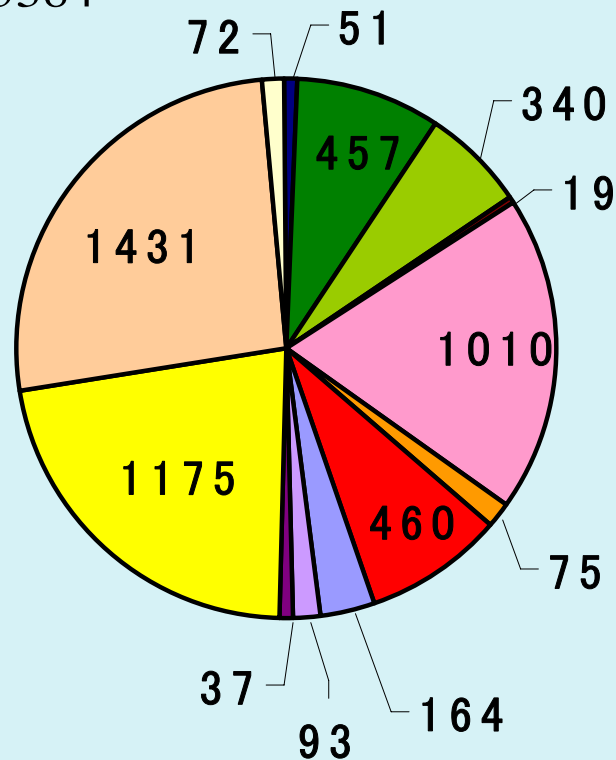


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# Major reason for phone call to MEICMI

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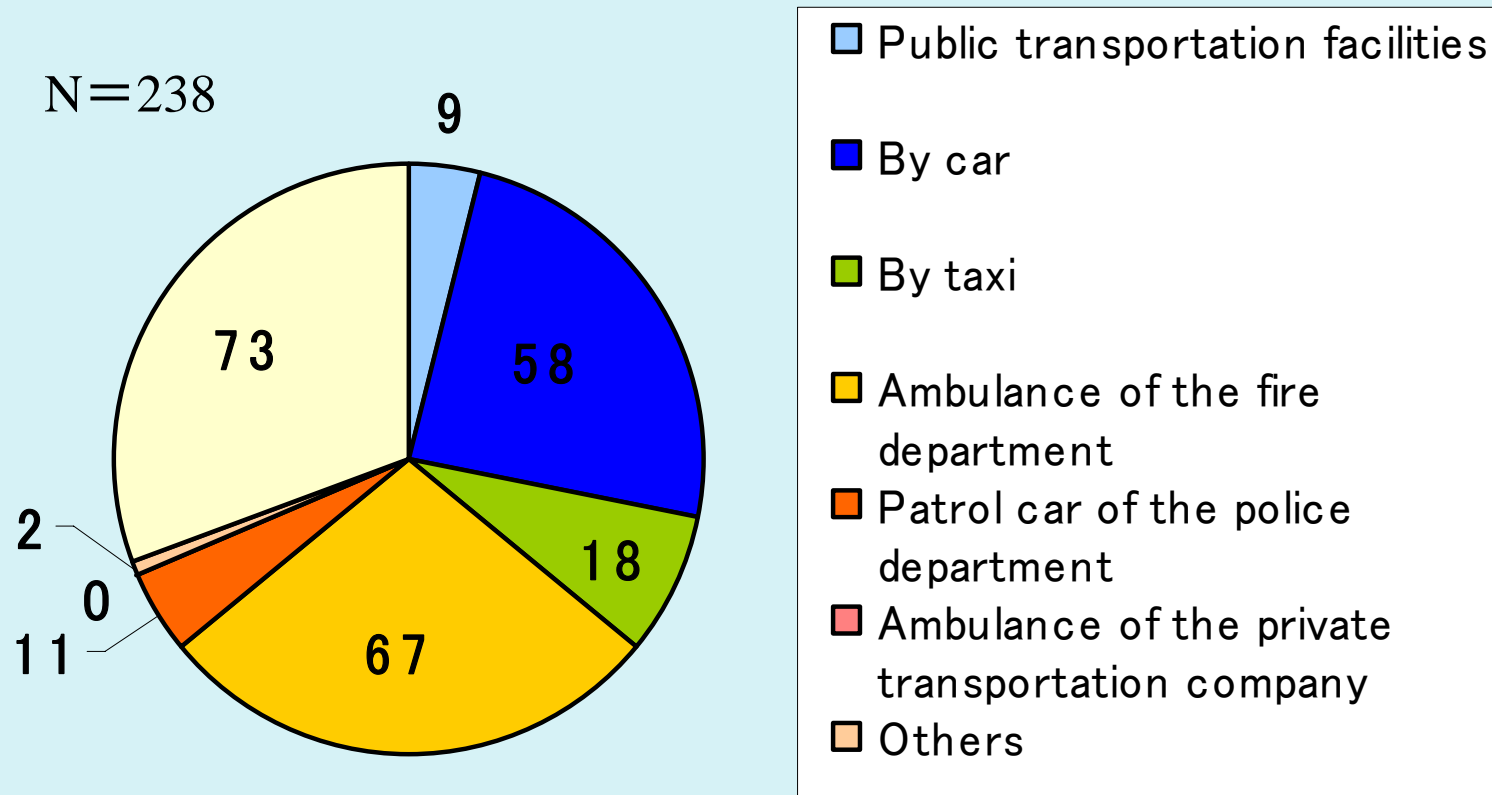


- Disorder of consciousness
- Paranoid-hallucinatory state/strange behavior
- Excitement/distraction
- Epileptic seizure
- Anxiety and depression
- Eating disorder / sleeping disorder
- Attempted suicide / desire to suicide
- Violence
- Running out of medicine
- Side effect of medicine
- Request to introduce medical facilities
- Request to get consultation
- Others

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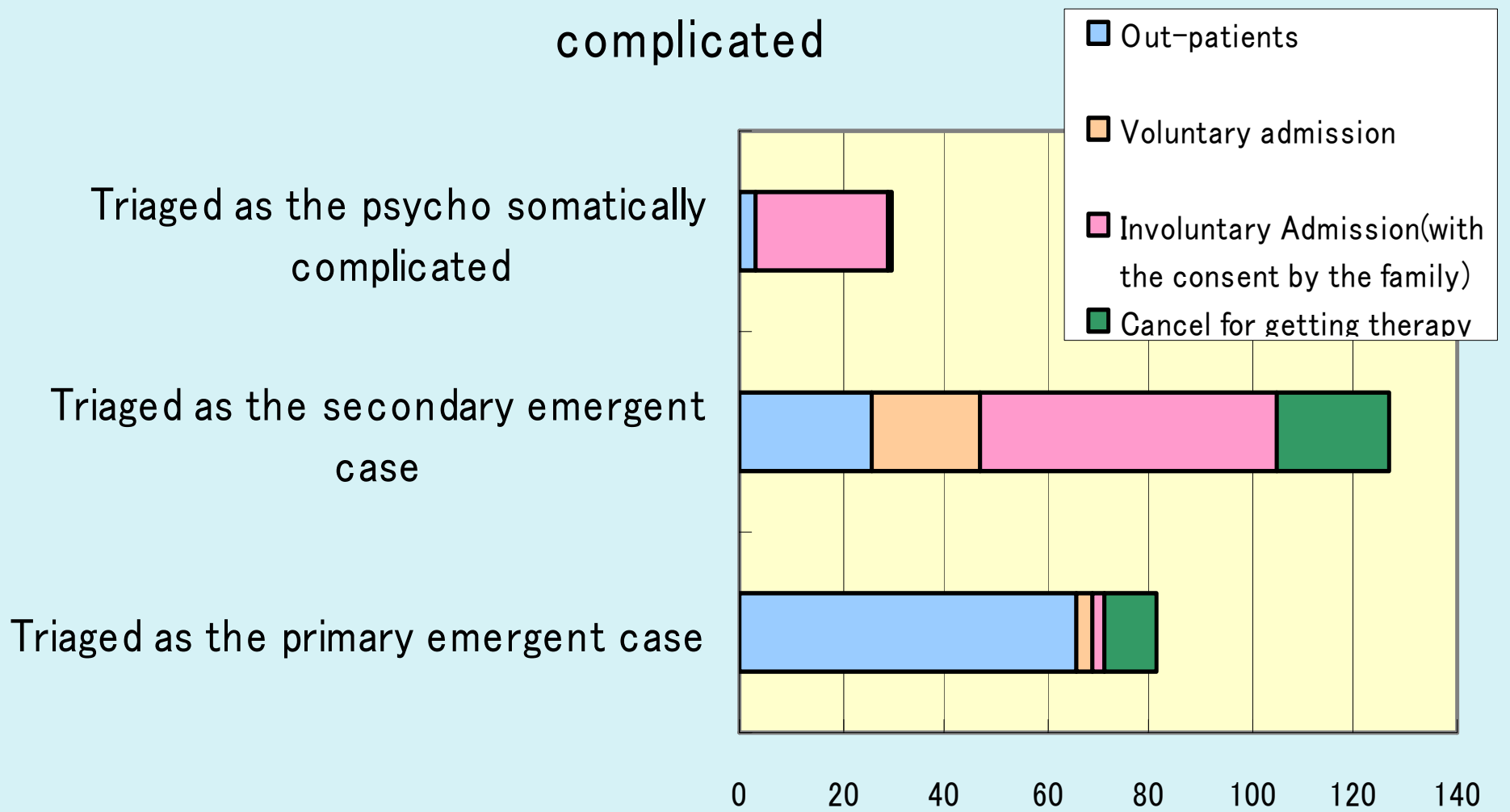
# Measure of transportation



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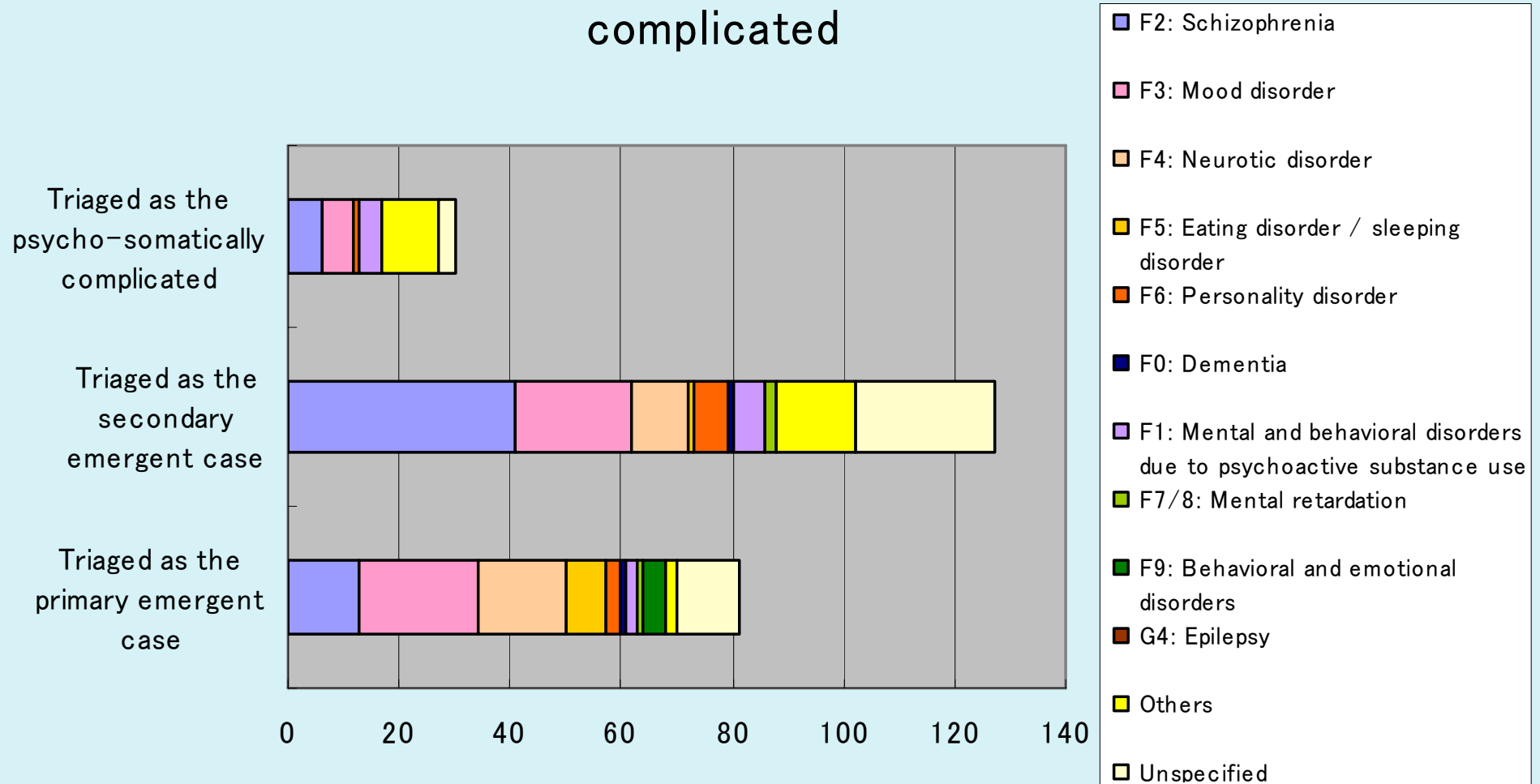
# What decision was made finally for the patient being triaged and brought to the mental clinic, mental hospital or facility for the psycho somatically complicated



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# Distribution of diagnoses of patients being triaged as out-patient, in-patient or psycho-somatically complicated



N=238

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